

# The Nosh

Food for the Hart

The Nosh is an open pantry for everyone in the University of Hartford community. Our goal is to end food insecurity across the UHart campus. Without you, The Nosh would not be possible!

**DONATE HERE!**

Please see the list of Items The Nosh is collecting

**THANK YOU FOR YOUR DONATION!**

**UNIVERSITY  
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## LIST OF ITEMS TO DONATE

- COLD CEREAL
- PEANUT BUTTER
- JELLY
- CANNED SOUP
- CANNED FRUIT/APPLESAUCE
- CANNED VEGETABLES
- CANNED STEW
- TUNA AND CANNED MEATS
- CANNED BEANS
- PASTA (INCLUDING WHOLE GRAIN)
- RICE (INCLUDING BROWN RICE)
- RICE MIXES
- SOUPS (INCLUDING VEGETARIAN OPTIONS)
- GRANOLA BARS AND COOKIES
- MACARONI & CHEESE
- BAKED BEANS (INCLUDING VEGETARIAN OPTIONS)

### **DONATIONS OF PERSONAL CARE ITEMS ARE ALSO ACCEPTED:**

- BODY WASH
- BAR SOAP
- LOTION
- RAZORS
- SHAVING CREAM
- GEL
- HAIR REMOVAL LOTION
- DEODORANT
- TOOTHBRUSH
- TOOTHPASTE
- MOUTHWASH
- FLOSS
- SHAMPOO
- FEMININE HYGIENE ITEMS: PADS, TAMPONS, ETC.
- HOUSEHOLD ITEMS: TOILET TISSUE, FLUSHABLE WIPES, PAPER TOWELS, LAUNDRY PODS, LAUNDRY DETERGENT, BLEACH, FABRIC SOFTENER, CLEANING SPRAY, CLEANING WIPES, ETC.

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